

Bible Studies



Just One is a simple framework to help you introduce *Just One* person or family to Jesus. *Just One* is about building relationships: firstly, building your relationship with God and reliance on Him through prayer; secondly, building your relationship with *Just One* person or family to introduce them into a relationship with Jesus; and thirdly, to build our relationship as a church community as we encourage each other in outreach.

This study will help us explore the biblical foundation to the *Just One* framework, and give us the confidence to share the Good News of Jesus in an intentional way. I trust this shared journey will draw us together as a church as we encourage each other and are encouraged by what God is doing among us.

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1. Just One Person or Family



John 1:41-42

The first thing Andrew did was to find his brother Simon and tell him, “We have found the Messiah”. And he brought him to Jesus.

Read Romans 1:1-5

1. “Gospel” simply means “good news”. The way this term is used in the New Testament is quite specific. What do you think Paul means by the term “gospel”?

Hearing and accepting the good news about Jesus as your Saviour and Lord results in: 1) an immediate forgiveness by God for your self-righteous attitudes (sin), guaranteeing your entry into God’s eternal heavenly kingdom; and 2) a deepening desire to honour Jesus with all of your earthly life.

2. Who first told you the gospel (if you can remember)?

3. What difference has the gospel had on you?

4. Have you ever shared the gospel with someone else?
 - a. What was your motivation to share this great news?
 - b. How did it go? Did you find it easy or difficult? Why?

Read John 1:35-51. *“Messiah” was the title for the one whom God would send to save his people.*

5. What method did God use to spread the word about Jesus?
6. Draw a diagram of who told whom about Jesus

If you have heard and accepted that Jesus as Saviour and Lord then you know that this is the greatest news you could ever receive. You probably want others to also know about this life saving news, but may find the prospect overwhelming. Just One is a simple framework for sharing the greatest news about Jesus, starting with just one person or family and praying for them once a day.

7. Write down the name of just one person or family who you would like to come to know Jesus.

My Just One: _____

8. Share the name of your Just One with your group, and pray for each other.

2. Just One Prayer, Once a day



Key Verse: Acts 2:42 & 47

They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. And the Lord added to their number daily those who were being saved.

1. Remind each other who your *Just One* person or family is, and why you have chosen them.

Read John 17:1-26

2. What was the most important thing Jesus was doing, even when he knew he was just hours away from his own death? Who was he relying on?
3. What was Jesus authorised by God to give? (v2)
4. What was the work that God had given Jesus to do? (v4)
5. How did Jesus reveal God to his disciples? (vv6-8)
6. What did Jesus expect his disciples to do? (vv20-21)

Shortly before Jesus ascended into heaven, he promised to send the Holy Spirit (Acts 1:4-5)

Read 1 Corinthians 12:3

7. What does this verse say is the role of the Holy Spirit?

Responsible Dependence

Introducing people to Jesus begins with us on our knees in prayer. As responsible disciples we want others to also know about Jesus. However we are also completely dependent on God so we commit our desires to Him. Whilst we are each responsible to share the good news about Jesus, we cannot make people become a Christian. Only God can do that through his Holy Spirit.

8. How is prayer the most humbling and yet the most powerful thing we can do?

9. Spend some time praying for each other and praying for your *Just One*.

Challenge

Tell your Just One that you are praying for them and ask them if there is anything they would like prayer for. You could say something like:

“In our church we have each committed to praying for Just One person or family, and I have chosen to pray for you. I was wondering if there is anything specific you would like prayer for this week?”

Each week you can contact your *Just One* and ask them how they are going and if there are other things they would like prayed for.

3. Just One Conversation

Key verse: Acts 17:19-20



¹⁹ Then they took him and brought him to a meeting of the Areopagus, where they said to him, “May we know what this new teaching is that you are presenting? ²⁰ You are bringing some strange ideas to our ears, and we would like to know what they mean.”

1. Did you tell your *Just One* that you were praying for them? How did they react? Did they tell you what they would like prayer for?

2. Pray for each other's *Just One*.

Read Acts 17:16-34

3. What is Paul's tone as he engages with the people of Athens? (v22)

4. Did Paul tell them everything there is to know about God and Jesus in this first meeting with them?

5. What do you think were Paul's goals in this first meeting with these philosophers in the Areopagus?

A good goal of any first date is simply to get a second date. Evangelism is about relationship building, and that means not pushing things too far too fast. Being respectful and listening is the key.

6. Share with each other some ideas for starting a God conversation with your *Just One*.

One way we could initiate a respectful God conversation with our Just One is by saying something like:

“Thanks for allowing me to pray for you over the last couple of weeks. It’s really helped me to rely on God more, and has deepened my relationship with Him. I hope it has been helpful for you too. Where would you say your relationship with God is at?”

OR

“Everyone has a God story, such as a time when our feelings about God have solidified or changed one way or another. What’s your God story?”

7. **Optional Challenge:** Role play some jump-in, jump-out God conversations with each other. Remember that it is not our persuasive ability that will make someone a Christian. That is the role of the Holy Spirit. God continually uses *unimpressive* people to be his ambassadors.

It takes time

Remember that it is often over numerous conversations with multiple people that God brings a person to faith in Jesus. Keep praying for your Just One and keep looking for and creating opportunities for a God conversation with them. It may take a week or a couple of months.

8. Pray for the opportunity to have a God conversation with your *Just One*.

4. Just One Invitation



Key verse: Romans 10:14

How, then, can they call on the one they have not believed in? And how can they believe in the one of whom they have not heard? And how can they hear without someone preaching to them?

1. Share with each other how your *Just One* is going. Pray for each other and your *Just Ones*.

Read Romans 10:9-15

2. How is a person “saved” (vv9,10)? What is a person saved from? What is a person saved to?

3. Diagram the process in vv14-15.

Sometimes all it takes is another voice in another context. Romans 10 is one of my favourite passages as it reminds us that what we hope our Just One responds to is the Good News of Jesus, and this comes through proclamation. What we win people with is what we win them to. We might attract our Just One to an event or sense of community, but we pray that what they are won over by is the Gospel.

4. Think tank opportunities to invite your *Just One* to an event where they will hear someone else explain the gospel. This could be a regular event such as a church service, or you might be able to arrange a special event such as a dinner with a guest speaker.

5. Personal testimony can be a powerful way of sharing the gospel. Can you tell your story of meeting Jesus in 90 seconds or write your story in 150 words (there is room on the back page)? Key things to share may include what it was like before knowing Jesus, articulating the good news about Jesus, what it is now like knowing Jesus.

Eg. After the death of my father I was anxious about what had happened to him, and to be honest, what would happen to me after I die. At his funeral I heard about the resurrection of Jesus that guarantees the resurrection of all those who believe in him. I spoke to a friend of mine who is a Christian and she explained to me about God's great love for me in sending Jesus. Now I know Jesus as my Lord and saviour I also have that deep joy and certain hope of heaven. Would you say you have a certain hope about the future? (107 words)

6. **Optional Challenge:** Share your 90 second Jesus story in the group

7. Pray for gospel events to invite your *Just One* to, and for boldness to share your personal story about Jesus with them.

5. Just One Decision



Key Verse: John 3:18

¹⁸ Whoever believes in Jesus is not condemned, but whoever does not believe stands condemned already because they have not believed in the name of God's one and only Son.

1. Share how your prayer is going for your *Just One*. Has there been opportunities for a God conversation with them?

Read John 3:1-18

2. Who was Nicodemus? Why did he come to Jesus at night?
3. Nicodemus seemed to be interested yet something was holding him back. What argument does he give in vv4-10?
4. What is Nicodemus' real problem that he is reluctant to face, but that Jesus raises especially in v18?

A heartfelt belief and declaration that Jesus is Lord will mean a person is saved (Rom 10:9-10). We want to be clear that salvation is from the eternal separation from God we all deserve because of our self-righteousness attitudes (sin). Our Just One might know about God, but they need to be given an opportunity to declare Jesus as Lord and saviour and so accept God's free gift of salvation. I am amazed that some people very quickly want to make this step of commitment, whilst others it takes a number of invitations before they say "Yes" to Jesus. As authentic friends (who are aware that it is in God's timing), we will keep on inviting our Just One to make that step.

Read Romans 10:9-10

5. What are the only requirements for salvation?

We want to help our Just One make a decision about Jesus, so we want to create an opportunity for them to profess a faith in him. This is a big step for your Just One (and for you). You could simply say:

"I've been praying for you for three months now, and you have graciously allowed me to share with you about Jesus. Do you think you've come to a point where you are ready to make a decision about him?"

6. Pray John 3:16-17 for your *Just One*.

For God so loved <name> that he gave his one and only Son, that when <name> believes in him, he/she shall not perish but have eternal life. For God did not send his Son into the world to condemn <name> , but to save <name> through him.

My Jesus story in 150 words